



# AVIAN FLYER



NOVEMBER 2023

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ARTICLES, ADS AND PHOTOS  
ARE WELCOME  
AND ENCOURAGED!



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## ANOTHER SHOW IS IN THE RECORD BOOKS!!

Congratulations to all our winners! Check out page 4 for all the names! Cynthia's Treasury report nicely sums up how we did financially on the show.

There are no scheduled meetings for this month as we all recover from last month's festivities. Our annual Christmas Dinner will be at the December meeting and it is a wonderful time to relax, feast on the good cooking of our membership and enjoy fellowship with our friends. If you have never had one of Kris Rigdon's superb turkeys, then you are in for a succulent treat! Check out the info about the dinner on page 5.

If you are wondering what your Thanksgiving forecast will be, the Flyer has it for you on page 5.

The holidays can be stressful and even dangerous for our pet birds, so we

an article on page 6 on helping them navigate the holidays safely.

If you want to keep your thanksgiving table conversations non-political, light and fun, the Flyer has you covered with some surprising and entertaining thanksgiving trivia to share with family and friends. You will find out what popular recipe is in the hall of fame, what connection "Mary Had A Little Lamb" has to thanksgiving, and how an employee ordering mistake of thanksgiving supplies led to the frozen dinner industry!

You will also learn of a town that was so upset about not being able to make pumpkin pies that they actually postponed thanksgiving until they could!

Did you think black Friday was the busiest day of the year for just retailers? You will be surprised to learn of another profession that does all they can to keep up with our needs on the next day after thanksgiving!

Enjoy and have a blessed thanksgiving!

Caleb & Beth



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Thank you to Wayne Smith and all of you who volunteered at our 2023 Show and Sale. It always takes the work and effort of many people to make it happen. We are fortunate to have so many great people who volunteer their time and energy to organize it prior to and at the show. Thank you, thank you!!!

Congratulations to all those who showed birds. There were many beautiful birds at the show. They represent all the hard work and love you put into breeding and caring for your birds. The show is when your efforts are most evident.

There is no general meeting scheduled for November. We had a short meeting at the show. Our next meeting will be on Dec. 9, for our Christmas Dinner. Look for details in this or the December newsletter.

This month a ballot will come to you to vote on our 2024 elections. Please take the time to vote and return your ballot. There is also a recommended change to our club By-Laws. It requires a vote by the membership. It is included with the officer election ballot.

I hope you can join us for the Dec. 9 Christmas Dinner!

*Dan Pitney*



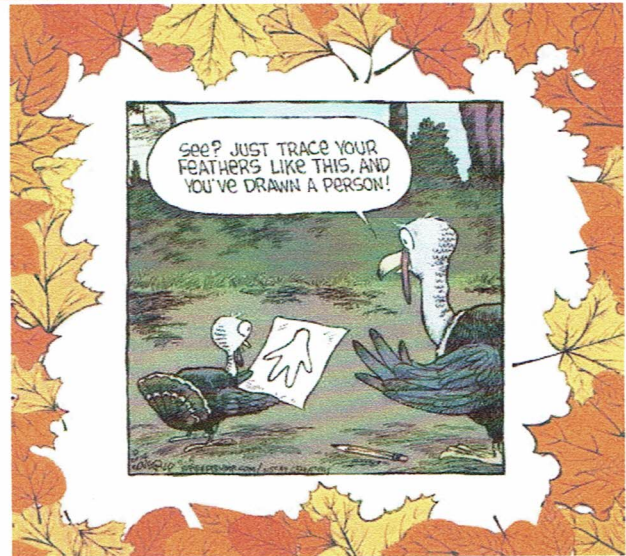
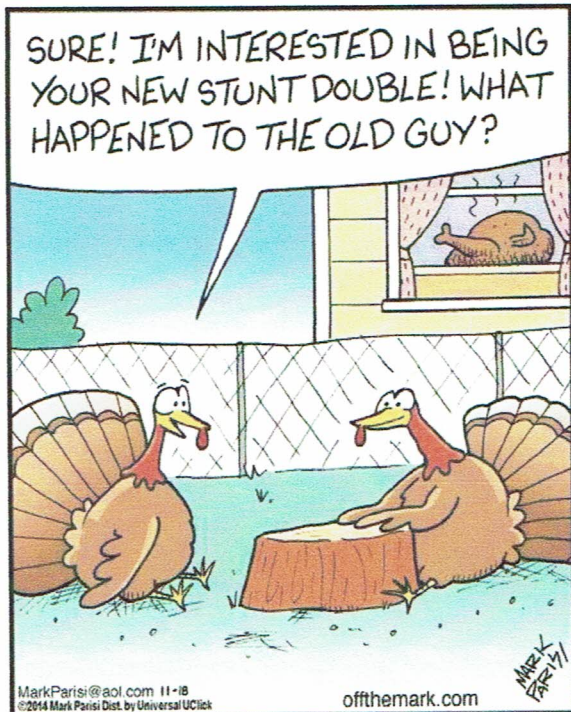
*A Seasonal Reminder From Cynthia Nelson!*

**Time to Put Up those Bird Feeders!**

It is now time to think about providing winter sustenance for our feathered friends who visit our yards. That means hummingbird feeders and suet blocks for other bird species. Our yard is a favorite place for the squirrels due to our Fir and Oak trees. We quickly learned it was necessary to buy the hot red pepper suet blocks because the birds can't taste the peppers (amazingly) but the squirrels don't typically want anything to do with them! I'm just waiting for some maverick squirrel to develop a taste for hot peppers!

If you start feeding in the Fall, it's important (particularly for the hummingbirds) to continue doing so until Spring has arrived. They will be depending on you!

Many species of our birds, even many relatively common species, are experiencing a decline in their populations. This is something we can do to help out our feathered friends. A bonus is the pleasure we can get from observing them!



**October 2023 Treasurer's Report**

Beginning Checking Account Balance: \$4,503.15  
 Zelle Deposits to our account: \$60.00  
 Zelle Transfers (Refunds): \$130.00  
 Certificate of Deposit: \$7,056.72

**EXPENSES:**

Clackamas Community Club Rental (Annual)-  
 \$700.00  
 Trophies-\$476.40  
 Cake & Decorations for 70th Anniversary-\$70.00  
 Judges' Travel Expenses and Gratuities-\$1,230.00  
**TOTAL: \$2,476.40**

**INCOME (Annual Show):**

Silent Auction-\$698.50  
 Donations-\$500.00  
 Public Admissions-\$420.00  
 Registration (Bird Entries)-\$412.00  
 Membership Dues-\$165.00  
 Sales Tables-\$175.00  
 Bird Auction-\$70.00  
 50/50 Raffle-\$74.00  
 Show Catalog Ads-\$215.00  
 Boxes for Sale Birds-\$7.00  
**TOTAL-\$2,736.50**

Ending Checking Account Balance: \$5,919.25



**TOTAL BIRDS ENTERED: 157**  
**TOTAL ENTRY FEES PAID: \$412.00**  
**TOTAL EXHIBITORS: 17**

**CANARIES**

**DIVISION 1: WHITE GROUND LIPOCHROME**

- 1. Hector Diaz
- 2. Hector Diaz
- 3. -----

**DIVISION 2: RED GROUND LIPOCHROME**

- 1. Jonathon Cazares
- 2. Jonathon Cazares
- 3. Hector Diaz

**DIVISION 3: RED GROUND MELANIN**

- 1. Jonathon Cazares
- 2. Alberto Del Cid
- 3. Jonathon Cazares

**DIVISION 4: YELLOW GROUND LIPOCHROME**

- 1. Hector Diaz
- 2. Alberto Del Cid
- 3. -----

**DIVISION 5: YELLOW GROUND MELANIN**

- 1. Hector Diaz
- 2. -----
- 3. -----

**DIVISION 6: WHITE GROUND MELANIN**

- 1. Hector Diaz
- 2. Hector Diaz
- 3. Hector Diaz

**DIVISION 7: BORDER**

- 1. Dan Pitney
- 2. Dan Pitney
- 3. Dan Pitney

**DIVISION 8: FIFE**

- 1. Dan Pitney
- 2. Cynthia Nelson
- 3. Cynthia Nelson

**DIVISION 9: GLOSTER**

- 1. Carol Groenvelt
- 2. Carol Groenvelt
- 3. Carol Groenvelt

**DIVISION 10: COLORFED**

No Entries

**DIVISION 11: NON-COLORFED**

No Entries

**DIVISION 12: OTHER TYPES**

- 1. Mary Ann Buckles
- 2. Mary Ann Buckles
- 3. Mary Ann Buckles

**TROPHIES FOR BEST COLOR:**

- 1. Jonathon Cazares
- 2. Hector Diaz
- 3. Jonathon Cazares

**TROPHIES FOR BEST TYPE:**

- 1. Mary Ann Buckles
- 2. Dan Pitney
- 3. Cynthia Nelson

**BEST SMALL HOOKBILLS**

**(DIVISION 5-GRASS PARAKEETS)**

- 1. Bourke-Wayne Smith
- 2. Rosy Bourke-Wayne Smith
- 3. Yellow Turquoise-Wayne Smith

**(CONTINUED ON PAGE 5)**



(CONTINUED FROM PAGE 4)

## NATIONAL FINCH AND SOFTBILL SHOW RESULTS

1. Parrot Finch- Hector Diaz
2. Gouldian-Laura Watkins
3. Turaco- Kateri Davis
4. Black-Brown Society-KJ Brown
5. Opal Parson Cock-KJ Brown
6. BH/PB/GB Gouldian- Paula Hansen
7. Owl Finch-KJ Brown
8. Normal Ring Neck Dove-Mike Duyn
9. Zebra Pairs-KJ Brown
10. Zebra Normal Gray-Dave Sumerlin

BEST NOVICE:

Kateri Davis

### CCC Christmas Dinner

Our annual Christmas Dinner will be on Saturday, December 9, 2023, noon, at the Clackamas Community Club main hall. Everyone is invited for a turkey dinner to celebrate a great year and introduce the newly elected officers for 2024.

Come help set up at 11:00 am. We will eat at noon and have a good time of conversation about birds and our mutual hobby.

Kris Rigdon is baking a turkey. Cynthia Nelson will provide the mash potatoes. Table service and drinks will be provided. The rest will be pot-luck. You should bring a salad, dessert, or other side-dish to share.

If you want to participate in a gift exchange, bring an ornament or other gift valued at \$10 or less.

The Clackamas Community Club is where we hold our regular monthly meetings. The address is 15711 SE 90th Avenue, Clackamas, Oregon 97015.

## YOUR THANKSGIVING FORECAST

In the pre-Thanksgiving rush, we have received an early weather report from our in-house weather reporters. Better email this to your friends and family!

Turkeys will thaw in the morning, then warm in the oven to an afternoon high near 190F. The kitchen will turn hot and humid, and if you bother the cook, be ready for a severe squall or cold shoulder.

During the late afternoon and evening, the cold front of a knife will slice through the turkey, causing an accumulation of one to two inches on plates. Mashed potatoes will drift across one side while cranberry sauce creates slippery spots on the other. Please pass the gravy.

A weight watch and indigestion warning have been issued for the entire area, with increased stuffiness around the beltway. During the evening, the turkey will diminish and taper off to leftovers, dropping to a low of 34F in the refrigerator.

Looking ahead to Friday and Saturday, high pressure to eat sandwiches will be established. Flurries of leftovers can be expected both days with a 50 percent chance of scattered soup late in the day. We expect a warming trend where soup develops. By early next week, eating pressure will be low as the only wish left will be the bone.





### GETTING OUR PET BIRDS SAFELY THROUGH THE HOLIDAY SEASONS

The holidays are about to be in full swing! The days are shorter, many streets will soon be festively festooned, and pumpkin spiced lattes are in hand. To help ensure that our pet bird friends too enjoy the cheer, here is a holiday pet bird safety guide!

#### Seasonal Plants and Decorations

Many of the splendid traditional holiday accents; including festive plants, glittering Christmas trees, twinkling lights, and the smell of cinnamon and cloves from scented candles, may pose a health hazard to many pet birds. Read on to learn how to avoid these holiday hazards for your pet's sake:

#### Decking the halls.

As the holiday favorites listed below can pose a health risk to your pets, consider replacing these beautiful plants with artificial silk versions or keeping them in places not accessible to your birds.

**Mistletoe** is a traditional favorite but may pose a threat if any part of the plant is consumed, even 1-2 berries can be life threatening! Signs that your bird may have eaten this plant include vomiting, diarrhea, respiratory distress (abnormal breathing), and collapse.

**Poinsettias** are not nearly as toxic as mistletoe but if ingested may cause some gastrointestinal (gut/tummy) upset.

Popular decorative flowers such as **chrysanthemum, yew, and lily** may add a lovely festive accent in the home but may also cause illness to your pet bird if ingested.

Oh, Christmas tree. Christmas trees themselves are considered a safe tree for birds (except for hemlock) but there are a few things to consider before adorning one in your home for the holidays. If your bird finds its way to perch on your tree, be mindful of any tree sap that may stick to your bird's feathers. While perched, your bird may likely peck and nibble at

the tree's naturally prickly needles that can cause injury externally and internally if ingested. Also, Christmas trees themselves may be sprayed with chemicals and the water frequently contains fertilizers to keep them alive through the holidays. Dressing up the tree can be an occasion for joy and expressing your own artistic flare, but take care to avoid spraying white flocking (fake snow) or glitter as these "wow" factors may prove poisonous to birds.

Not all that glitters is gold. Twinkling lights and gleaming décor can provide a truly winter wonderland atmosphere, but these can break, leaving sharp edges and exposed wire that can quickly become an electrifying or hazardous experience for your beloved bird. Some decorations may contain toxic heavy metals such as zinc. **Zinc** can be found in candy foil wraps, wine bottles, bells, stained glass, and even some paints. Common symptoms with zinc toxicity include lethargy and weakness. Additionally, your bird can become entangled by ribbons and tinsel. Pecked and shredded decorations may lead to choking or an intestinal blockage. Consider an alternative decoration, such as birdseed ornaments, pine cone feeders, cranberry garlands, and strings of plain air-popped popcorn or unsweetened cereal such as regular Cheerios.

**Amazing aromas.** Scented candles, incense, and air fresheners can add a touch of holiday cheer with tantalizing fragrances like fresh baked cookies, maple, and pine. Unfortunately, these products typically contain oils that are poisonous to birds, so be sure to avoid using these while your beloved bird is anywhere nearby. As an alternative, try boiling herbs like cinnamon, cloves, or peppermint. While we are on the topic of stovetop cooking, you may have noticed that some non-stick cookware contains polytetrafluoroethylene (aka PTFE or Teflon), which is the most common inhaled poisoning in companion birds. When Teflon-containing products are heated, they give off toxic fumes that can quickly become deadly to birds. Additional

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Additional household products that may contain Teflon include heaters, lamps, coated light bulbs, and hair dryers. As mentioned with the scented candles and air fresheners, be sure to only use Teflon containing products when your companion bird is not in the vicinity (even the next room is too close).

### Tasty, but toxic treats

Many pet owners show their affection by sharing their delightful feast with their favorite companions without realizing the potential dangers. This can prove particularly true during the holiday season. We can't fault you for your kindness; just be sure, if you are sharing, to take great care to choose foods that are not harmful for your pets. The following is a list of some foods dangerous to birds and other pets:

**Avocado.** A staple in sunny Southern California even during the holiday season. All parts of the avocado plant contain persin, a toxin that has been reported to be a cardiotoxic (toxic to the heart) in birds. Smaller pet bird species like canaries and budgies are considered more likely to become ill. Respiratory distress (trouble breathing) is a typical symptom that can develop within 12 hours after ingestion and death can occur within 24-48 hours.

**Chocolate.** Chocolate contains toxic methylxanthines including caffeine and theobromine that may cause your pet to exhibit an increased heart rate, tremors, seizures, and possible death if chocolate is ingested. A general rule of thumb is the purer or darker the chocolate, the higher the potential to be toxic in smaller amounts.

**Garlic & onion.** Tasty flavor profiles infused with garlic and onion can hit the spot for human palates while posing a threat to your beloved bird. If ingested, especially in their more concentrated forms such as garlic powder or onion soup mixes, may cause digestive issues, lethargy, weakness, increased heart rate, and even sudden death.

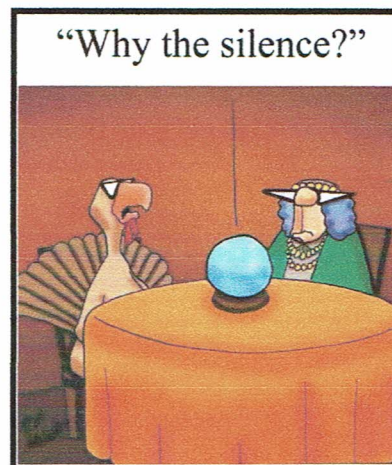
**Sugar-free foods.** Sugar-free foods can contain artificial sweeteners like xylitol that can be toxic to many bird species. If ingested, xylitol can cause severe hypoglycemia (low blood sugar) that may present as incoordination, weakness, collapse, and death.

### Additional Considerations

Consider providing a safe and quiet space for your bird during the festivities, for example, moving their cage into a spare bedroom where guests are unlikely to enter. This can be particularly helpful if any of your guests decide to bring their young children or even their own pets. Prior to the arrival of your guests, consider going over some ground rules regarding your bird companion such as no unsupervised visitation with your bird, no feeding of unauthorized foods, etc.

If you are concerned that any of your pets may have ingested something toxic, immediately contact your trusted veterinarian or the ASPCA animal poison control center at 1-888-426-4435. Please remember that accidents can and do happen, even to the most responsible of bird owners.

We hope that you have found these holiday pet safety tips helpful and will consider using them to keep your pet from experiencing any unfortunate mishaps. May you and yours remain safe, happy, and healthy through the holidays and into the New Year!





### AMAZING AND LITTLE KNOWN FACTS ABOUT THANKSGIVING

Thanksgiving is a special holiday for many popular reasons—the food, the family, and the football are just a few. Less well known, however, are the many fascinating facts behind the holiday's history, traditions, and myths. The truth is, for many of us, there's a lot we don't know about the holiday we celebrate every fourth Thursday in November. So before carving up your family's turkey this year, take the time to learn some of the most interesting Thanksgiving facts we could find. At the very least, you'll have some fun (and non-controversial) dinner conversation to contribute.

*Long before homemade and canned cranberry sauce became a traditional Thanksgiving meal, indigenous Americans had many other uses for the small red fruit. Not only did they eat cranberries fresh and use them as an ingredient in other foods, but native communities also used cranberries to heal wounds and dye fabrics. Apparently, being both versatile and delicious and multifunctional doesn't get very far. According to a 2022 survey by The Vacationer, cranberry sauce ranks as the least popular Thanksgiving food on the table!*

*The Wishbone Tradition Is Much Older Than Thanksgiving. Turkeys' wishbones are commonly used in a good-luck tradition on Thanksgiving. Usually, the practice consists of two people tugging on either end of the brittle bone while silently making a wish until it breaks. It is said that whoever wins the larger piece will have their wish granted. This tradition dates back to the Etruscan civilization circa 322 B.C.! The Romans brought the tradition with them when they conquered England, and the English colonists then proceeded to carry the tradition to America.*

*After all the cooking and eating, the pipes in your home have a big job. The day after Thanksgiving is traditionally the busiest day of the year for plumbers. Pretty grim when you think about it...*

*When Frozen opened on Thanksgiving in 2013, it earned \$127 million throughout the weekend. This huge haul made the Disney favorite the number one Thanksgiving release of all time.*

*Sarah Hale is known as the author of "Mary had a Little Lamb." But a lesser-known fact about this lady is she is also the "Mother of Thanksgiving." Originally, the holiday was only celebrated in the Northeast. Mrs. Hale spent 40 years campaigning for a national day of thanks. In 1863, Abraham Lincoln finally instated the holiday nationwide. So we've also got to be thankful to Sarah Hale!*

*In 1926, President Calvin Coolidge was given a live raccoon. It was intended to replace the turkey. However, the President and First Lady couldn't bring themselves to eat the raccoon. Instead, they adopted her, named her Rebecca, and turned her into a White House pet.*

*We can thank Thanksgiving for this invention of frozen dinners. In 1953, Swanson miscalculated how many turkeys they would sell and ended up with an extra 260 tons of birds. A salesman, Gerry Thomas, came up with the idea of packaging the excess poultry in trays next to traditional sides.*

*Don't like pumpkin pie? In 1705, the town of Colchester, Connecticut canceled Thanksgiving because they couldn't make pumpkin pies! The river had frozen over, leaving their import of liquid sugar inaccessible. The holiday ended up only being postponed for about a week.*



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Written in 1857 by James Lord Pierpont and originally titled "One Horse Open Sleigh", "Jingle Bells" was meant to be sung on Thanksgiving, not Christmas. When it was reprinted in 1859, the title was officially changed and it was adopted as a predominantly Christmas tune.

It's estimated that over 30 million households make green bean casserole every year. The infamous casserole turned 65 years old in 2020—it was originally called the "Green Bean Bake" when Dorcas Reilly, a home economist who worked in the Campbell's Soup Co. test kitchen, invented it in 1955. You can see the original recipe in the National Inventor's Hall of Fame in Akron, OH.

**BE CAREFUL!!** Each year 59,100 people are seriously injured in car accidents on Thanksgiving, and there are 3 times as many cooking fires (resulting in \$26 million dollars worth of residential structure damage and 5 deaths)! **YIKES!!**

Ninety Wampanoag Native Americans and 50 Plymouth colonialists (Pilgrims) celebrated the first-ever autumn harvest celebration in 1621. While this celebration lasted three days, only five women were present!

The average turkey, alive and walking around, weighed 17 pounds in 1960. That increased to 19 pounds by 1980, and rose to 31 pounds today. By comparison, the average adult American man weighed an average of 166 pounds in 1960, but weighs about 198 pounds today.

According to Consumer Reports taste tests, there is no reason to choose a self-basting bird over one that is not self-basted. Basted birds have much more salt.

Did the Pilgrims refer to themselves as "Pilgrims?" Nope! They called themselves "Separatists."

During the first Thanksgiving ceremony, the Pilgrims and the Native Americans ate their thanksgiving dinner using spoons and knives only. This is because by then, forks had not yet been invented. About 10 years later, Governor Winthrop of Massachusetts introduced the fork, although it didn't become popular until the 1800s.

It's been estimated that ten percent of people wait until the day before Thanksgiving to get their grocery shopping done. The Tuesday before Thanksgiving, rather than the Wednesday before Thanksgiving, is the single busiest shopping day of the year for grocery stores.

The plastic piece or wire that holds the turkey legs together is called a "hock lock."

There are three towns in the United States named "Turkey." They can be found in Texas, Louisiana, and North Carolina. According to the U.S. Census Bureau, five places in the U.S. are named "Cranberry." Two places in the U.S., per the U.S. Census Bureau, are named "Pilgrim" — Pilgrim, Michigan and Pilgrim, Dade County, Missouri.

According to estimates by AAA, almost 55 million Americans traveled 50 miles or more for Thanksgiving in 2022. The most popular of these destinations—according to booking info—was Orlando, Florida, closely followed by Anaheim, California, then Las Vegas.

Bad news!! According to a 2000 study published in the *New England Journal of Medicine*, the average person gains five pounds between the Thanksgiving and Christmas holidays. Coupled with the fact that most individuals tend to gain one pound a year throughout adulthood, this seasonal thickening may play a large part in the general weight gain that accompanies age.





**NOVEMBER MEETINGS**

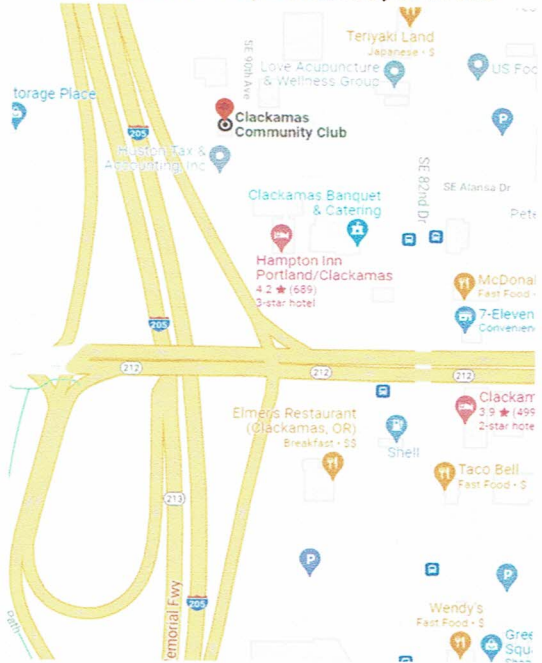
**THERE ARE NO SCHEDULED MEETINGS FOR NOVEMBER. WATCH FOR MORE NEWS ABOUT THE DECEMBER CHRISTMAS DINNER!!**

**DIRECTIONS TO CLACKAMAS COMMUNITY CLUB**

**FROM THE SOUTH:** I-205 North to Exit 12 for OR-212 E toward OR-224 E/Damascus/Estacada. Use middle lane to turn right onto OR-212 E. Turn left at the 1st cross street onto SE 82nd Drive. Turn left onto SE St. Helens Street. Turn left onto SE 90th Avenue. Destination will be on the left after a right hand curve. Smaller of the two buildings. (Was once a residence.)

**FROM THE NORTH:** I-205 South. Take exit 12A to merge onto OR-212 E toward Damascus. Merge onto OR-212 E. Turn left on 82nd Drive. Turn left onto SE St. Helens Street. Turn left onto SE 90th Avenue. Destination will be on the left after a right hand curve. Smaller of the two buildings. (Was once a residence.)

**CLACKAMAS COMMUNITY CLUB MAP  
15711 SE 90th Ave, Clackamas, Or 97015**



**Columbia Canary Club  
P.O. Box 2013  
Clackamas, OR 97015**

